

Outside In 
COVID-19 Vaccine Info

**VACCINES
SAVE LIVES!**

WHY GET VACCINATED?



Getting vaccinated against the coronavirus protects you, your friends and family, and your community from getting sick with COVID-19.

While many people with COVID-19 report only mild symptoms, others report severe symptoms and many people have been hospitalized and/or died from COVID-19 – including young, healthy people.

The sooner we reach herd immunity (when about 70–80% of the population is vaccinated), the sooner we can safely spend time together indoors, share a meal, and hug our loved ones!



It is your choice to get vaccinated. Please talk to your medical provider if you have any questions or concerns.

We are here to help!

VACCINE FACTS



Researchers took no shortcuts in testing these vaccines. Large clinical trials have shown the COVID-19 vaccines are safe for people age 18 and older.

Vaccines teach our immune systems to create proteins that fight disease, known as antibodies. Vaccines for the coronavirus contain no live virus and cannot give you COVID-19.

While some side effects are common after getting vaccinated (like a sore arm, tiredness, fever, and body aches), most people experience mild symptoms that resolve after 2-3 days.

ABOUT THE JOHNSON & JOHNSON VACCINE



Outside In is using the Johnson & Johnson vaccine. Just like the Moderna and Pfizer vaccines, this version has been approved by the FDA for emergency use.

The Johnson & Johnson vaccine requires only one dose to protect your body against the virus. In testing, it has shown to be at least 85% effective in preventing severe illness from COVID-19.