

Outside In 

SERVICES AVAILABLE

- Community Based Treatment
- Permanent Supportive Housing
- Therapeutic and Recreation Groups
- Drop-In Space
- 24-hour Crisis Line
- Support with Benefits Enrollment (Insurance, SNAP, SSI)
- Employment and Education Support
- Medication Management

ACT

Radicalizing Treatment

CONTACT US

For more information about
this program call 503-484-6125

Outside In 

*Together in the struggle,
together on the journey.*

ABOUT

Outside In's ACT program is a co-occurring treatment program serving young people ages 18-24* who are experiencing homelessness.

Our program is designed to work with young people who qualify for intensive services and have struggled in more traditional mental health and substance use treatment contexts.

Our services are not time limited. Duration of treatment is decided based on the participant's needs and wishes.

We follow a harm reduction model, supporting participants to meet self-determined goals related to substance use and to increase safety in all aspects of their lives.

**Participants must be screened into services with Multnomah County Homeless Youth Continuum*

APPROACH

We use an Assertive Community Treatment (ACT) approach. This evidence-based practice improves outcomes for people with acute mental health symptoms who are most vulnerable to homelessness, hospitalization, and contact with law enforcement.

ACT teams are multi-disciplinary and offer wrap around community-based services. That means that we bring treatment to the participants.

We are a housing first program and work with participants to obtain and maintain permanent housing.

We are committed to providing Trauma-Informed, LGBTQ-Informed, and Culturally Competent services.

TEAM

Our team includes the following roles:

- Licensed Mental Health Counselor
- Certified Substance Use Counselor
- Peer Specialist
- Registered Nurse
- Psychiatrist
- Housing Specialist
- Employment and Education Specialist

We are innovative in our treatment approaches, and committed to practices that are supportive, accessible, and effective for the populations that we serve.