

## **Assertive Community Treatment (ACT)**

**Universal Referral Form** 

If no, why?
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Participant phone number:
If Tribal, what tribe:
Guardian phone number:
Anticipated discharge date:

**Note:** per OAR 309-019-0245(1)(b), Individuals with a primary diagnosis of a substance use disorder, borderline personality disorder, autism spectrum or intellectual disabilities are not the intended population for ACT.

- 1. Does the client exhibit significant functional impairments as demonstrated by at least one of the following conditions?
  - □ Significant difficulty consistently performing the range of practical daily living tasks required for basic adult functioning in the community (*e.g., caring for personal business affairs; obtaining medical, legal, or housing services; recognizing and avoiding common dangers or hazards to self and possessions; meeting nutritional needs, maintaining personal hygiene.*) Briefly describe:

		Significant difficulty maintain consistent employment at a self-sustaining level or significant difficulty consistently carrying out the homemaker role ( <i>e.g., household meal preparation, washing clothes, budgeting, or child-care tasks and responsibilities</i> ). Briefly describe:
		Significant difficulty maintaining a safe living situation ( <i>repeated evictions or loss of housing</i> ). Briefly describe:
2.	the Sul	es the client have a secondary co-occurring disorder that also impacts their ability to function in e community? bstance use disorder:
3.	Clie	ent with one or more of the following indicators of continuous high service needs (check all that apply):
		High use of acute psychiatric hospitals (Two or more admissions per year) or psychiatric emergency services.
		Intractable (e.g., persistent, or very recurrent) severe major mental health symptoms ( <i>affective psychotic, suicidal</i> ).
		Coexisting substance use disorder of significant duration (greater than six months).
		High risk or recent history of criminal justice involvement (e.g., arrest, incarceration).
		Significant difficulty meeting basic survival needs, residing in substandard housing, houselessness, or imminent risk becoming houseless.
		Residing in a supervised community residence, but clinically assessed to be able to live in a more independent living situation if intensive services are provided, or requiring a residential or institutional placement if more intensive services are not available.
		Difficulty effectively utilizing traditional office-based outpatient services.
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(Other programs involvement/referrals or any other identifying factors that will assist in transition)

## ACT program (or SPOC) determination

Date referral received: \_\_\_\_\_

Accepted for next steps of review:

- Anticipated date of intake/screening evaluation: \_\_\_\_\_\_
- Waitlisted: □ Yes □ No

Pending (list reason for selecting this):

Denied (list relevant OAR's):

• If denied, please identify alternative recommendations of community-based services to be provided:

## Signature of ACT Services Representative

Date

(Whomever made final determination)

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact Adult Mental Health Program at languageaccess.info@odhsoha.oregon.gov or 1-844-882-7889 (voice). We accept all relay calls.